

Course Specification Student Version

Course Title:	Adult Health Nursing 2
Course Code:	NURS 310
Department:	Nursing Science
Program:	Bachelor of General Nursing
College:	Vision College in Riyadh
Institution:	Vision College in Riyadh
Revised:	July 2025

A. Course Identification

1. Credit hours: 6 (3+0+3)
2. Level/year at which this course is offered: 5th level\ 3rd Year
3. Pre-requisites for this course (if any): Adult Health Nursing -1 (NURS 212)
4. Co-requisites for this course (if any): None

B. Teaching Methods

1	Lecture
2	Tutorial
3	Hospital bedside teaching

C. Course Description and Objectives

1. Course Description

This course focuses on the care of adult patients with specific and complex problems. Nursing process as a means of maintaining physiological, psychological and socio-cultural integrity is applied. Problem solving and critical thinking skills are applied to analyze data as well as to identify nursing and collaborative problems.

2. Course Main Objective

- Describe the steps of the Nursing Process to plan nursing care that will support the individual/family/community in the promotion of health status.
- Identify etiologies, risks, signs and symptoms, diagnostic procedures, treatments and diet therapy for patients with common medical and surgical disorders.
- Identify nursing diagnoses, goals, nursing interventions based on evidence-based practice, nursing outcomes and evaluation criteria appropriate for clients with system disorders.
- Utilizing evidence-based practice, develop appropriate plans of care and client/family teaching plans
- Utilize techniques to promote health management and maintenance and prevention of illnesses related to the gastrointestinal, musculoskeletal, respiratory, urological, hepatic, oncologic, ophthalmic, ENT disorders clients with disease conditions.
- Utilize the holistic approach in caring for the individual.
- Determine ability to care for individuals with conditions that may affect the gastrointestinal, musculoskeletal, respiratory, urological, hepatic, oncologic, ophthalmic, ENT systems and organs.
- Utilize the nursing process with emphasis on assessment and client education related to the gastrointestinal, musculoskeletal, respiratory, urological, hepatic, oncologic, ophthalmic, ENT disorders
- Demonstrate an understanding and ability to perform treatments.
- Administer prescribed medications and diet.
- Use standard precautions as they are related to the gastrointestinal, musculoskeletal, respiratory, urological, hepatic, oncologic, ophthalmic, ENT disorders.

- Demonstrate the ability to work positively and effectively in a group or team-based project with an emphasis on professionalism and communication skills.

3. Course Objectives

By the end of this course, students should be able to:

- Describe pathophysiological alterations, signs and symptoms of common diseases across the lifespan.
- Identify the needs of acute and chronic patients, and their families.
- Describe essential elements of the research process.
- Collect and analyze patients' data to determine actual or potential nursing diagnoses.
- Use a systematic approach to analyze actual or potential health problems to develop, implement, and evaluate nursing care plans.
- Apply the results of laboratory data, and other diagnostic tests in planning nursing care.
- Design a comprehensive individualized nursing care plan for patients in acute and chronic conditions across the life span in different settings.
- Identify appropriate nursing care plans and management for patients undergoing pharmacological treatments and interventions for specific diseases.
- Demonstrate competence in nursing procedures to provide safe nursing care to patients in acute and chronic conditions of different age groups at various settings.
- Administer medication in compliance with safety principles to patients in acute and chronic conditions.
- Assess, intervene and evaluate nursing care in accordance with professional standards and legal decision-making process.
- Prioritizes the preferences of patients to alleviate pain, discomfort, distress in various health situations and end-of-life care.

D. Course Content

No	List of Topics
1	Management of Patients with Gastric and Duodenal Disorders <ul style="list-style-type: none"> Gastritis Peptic Ulcer Disease
2	Management of Patients with Intestinal and Rectal Disorders <ul style="list-style-type: none"> Peritonitis Appendicitis Intestinal Obstruction Inflammatory Bowel Disease Ulcerative Colitis Disorders Of The Anorectum
3	Management of Patients with Hepatic Disorders <ul style="list-style-type: none"> Esophageal Varices Viral Hepatitis Hepatic Cirrhosis
4	Management of Patients with Biliary Disorders <ul style="list-style-type: none"> Cholecystitis & Cholelithiasis Pancreatitis
5	Management of Patients with Respiratory Disorders <ul style="list-style-type: none"> Pneumonia Asthma
6	Management of Patients with Kidney Disorders <ul style="list-style-type: none"> Acute Kidney Injury End-Stage Kidney Disease or Chronic Kidney Disease
7	Management of Patients with Musculoskeletal Trauma (fracture)
8	Management of Patients with Oncologic Disorders
9	Ophthalmic disorders & ENT disorders

E. Assessment Tools

#	Assessment task	Percentage of Total Assessment Score
1	Quizzes	10%
2	Seminar Evaluation	10%
3	Assignments Evaluation	10%
4.	Clinical Evaluation	10%
5.	Midterm Exam	20%
6.	OSCE/OSPE	20%
7.	Final Exam	20%
	Total	100%

F. Learning Resources

Essential References	<p>1.Smelter S, Barc L. Bruuner and Suddarh. "Textbook of Medical-Surgical Nursing". Lippincott. CO. 15 Edition (2022) ISBN-13: 9781496347992</p> <p>2.Lippincott's Nursing Procedures. "Springhouse, Nursing Procedures" Lippincott Williams & Wilkins; 9th (2023).</p> <p>3.Christensen, B. Kockrow, E. Cooper, K. "Study Guide for Adult Health Nursing" Mosby; 9th (2022) /ISBN-13: 978-0323042369</p> <p>4.Lippincott Manual of Nursing Pactice 10 Edition by Sandra M. Nettina MSN ANP-BC (Editor) LWW; 12 Edition (2024)</p>
Supportive References	<p>Taylor's Clinical Nursing Skills: A Nursing Process Approach Fourth Edition</p> <p>Author: Pamela Lynn MSN RN (Author)Publisher: LWW; Fourth edition (October 3, 2014)/a.ISBN-10: 1451192711/ISBN-13: 978-1451192711</p>
Electronic Materials	<p>1.http://guides.library.uncc.edu/NURS_3102</p> <p>2.www.lww.com</p> <p>3.www.delmarelearning.com</p> <p>4.www.pubmed.com</p> <p>5. http://allnurses.com</p>
Other Learning Materials	<p>Computer-based programs/CD, professional standards or regulations and software, Internet.</p>