

Course Specification Student Version

Course Title:	Medical Ethics & Professionalism
Course Code:	MEP 305
Department:	Basic Medical Sciences
Program:	Bachelor of Medicine and Surgery
College:	Vision College in Riyadh
Institution:	Vision College in Riyadh
Revised:	July 2025



A. Course Identification

1. Credit hours: 3 (2+0+1)
2. Level/year at which this course is offered: Level 5/Year 3
3. Pre-requisites for this course (if any): None
4. Co-requisites for this course (if any): None

B. Teaching Methods

1	Lecture
2	Seminar

C. Course Description and Main objective

1. Course Description

This course covers the definition and basics of professionalism and the essential elements of the medical profession, including moral and ethical principles and legal responsibilities underlying the profession. It provides an overview of many ethical issues that arise in the practice of medicine and research and introduces students to the core elements of ethical reasoning around issues that they could encounter in their future practice.

Students will learn how to maintain and develop their competence, appropriately respond to ethical issues encountered in practice, maintain appropriate relations with their patients, colleagues and society and be empathetic to the physical and moral suffering of patients. They will learn giving effective feedback and working effectively within an interdisciplinary team.

The Islamic moral heritage represented by Quran and Sunnah is the reference framework in Saudi Arabian professional practice. The national and international guidelines and codes of ethics are explained in this course. The course approaches the Fiqhi-Legal aspects related to the practice of medicine and the conduct of research, like medical negligence, conflict of interests, and the rights of patients and research participants.

2. Course Main Objective

The main aim of this course is to introduce the students to the core elements of ethical reasoning around issues such as: confidentiality, truth telling, genetic testing, rationing, professional boundaries, conflicts of interest, informed consent for treatment and research, reproductive ethics, and end-of-life care.

3. Course Objectives

By the end of this course, students should be able to:

- Describe the principal approaches and frameworks of bioethics.
- Identify doctors' professional relationships & duties, and patients' rights & responsibilities.
- Demonstrate effective computer skills to navigate the web and search for the latest update on principles of ethics and professionalism.

- Apply principles of ethics and professionalism of the Islamic and Saudi framework to resolve ethical dilemmas in clinical scenarios.
- Collaborate with colleagues demonstrating presentation skills, group dynamics and teamwork competencies.
- Demonstrate lifelong learning skills and update knowledge, clinical and technology skills.
- Demonstrate skills of receiving educational feedback on performance.
- Prioritize Islamic and Saudi ethical and professional conduct in resolving clinical ethical dilemmas.
- Collaborate ethically and effectively with colleagues from diverse backgrounds.

D. Course Content

No	List of Topics
1	Western and Islamic Approaches to Bioethics
2	Principles of Prophetic Medicine and Islamic Ethics
3	Health Care Professionalism, Relationships, & Malpractice
4	Doctor's Professional Relationships & Duties
5	Patients' Rights and Responsibilities
6	Patients' Autonomy & Consent to Treatment
7	Patient's Privacy and Confidentiality
8	Conflict of Interest
9	Saudi Law of Practicing Healthcare Professions
10	Searching Islamic References
11	Ethical Issues in Different Situations: Truth Telling & Breaking Bad News; Health Practitioner Relationships with Pharmaceutical Industry; Research Ethics; Public Health and Health Promotion Ethics; Reproductive Health Ethics; Organ Transplantation & Donation

E. Assessment Tools

#	Assessment task	Percentage of Total Assessment Score
1	Seminar Evaluation Using Rubrics	10%
2	Quizzes	10%
3	Midterm Exam	20%
4	Final Written Case-Based Exam	20%
5	Final Written Exam	40%
	Total	100%

F. Learning Resources

Essential References	Hussein, G., Al-Kabba, A.F., & Kasule, O. 2015. Professionalism and Ethics Handbook for Residents. SCFHS.
Supportive References	Zwitter, M. 2019. Medical Ethics in Clinical Practice. Springer.
Electronic Materials	LMS resources Contemporary Bioethics: Islamic Perspective Medical Ethics and Islam: Principles and Practice
Other Learning Materials	None

