

## Course Specification Student Version

<b>Course Title:</b>	Child Health Nursing
<b>Course Code:</b>	NURS 321
<b>Department:</b>	Nursing Sciences
<b>Program:</b>	Bachelor of Nursing
<b>College:</b>	Vision College in Riyadh
<b>Institution:</b>	Vision College in Riyadh
<b>Revised:</b>	July 2025

## A. Course Identification

1. Credit hours: 5 (3+0+2)
2. Level/year at which this course is offered: Level 6/Year 3
3. Pre-requisites for this course (if any): None
4. Co-requisites for this course (if any): None

## B. Teaching Methods

1	Lecture
2	Practical Session
3	Seminar

## C. Course Description and Objectives

### 1. Course Description

This course focuses on: the application of the nursing process and holistic caring approach to the care of children and child-rearing families; nursing care of the child with acute, chronic and/or life- threatening conditions is discussed; the central role of the family in child health will be highlighted throughout the course; risk factors for child mortality and morbidity, stressors on children with acute and chronic illness are also identified and discussed; the practicum is designed to develop skills in providing nursing care to the child along the health/illness continuum, including psychosocial, developmental and physical health promotion, risk reduction and illness care; clinical experiences include an emphasis on nursing care of the well child and the child with acute, chronic and/or life- threatening conditions; and, nursing interventions which minimize the psychological and physiologic distress experienced by children, and their families are also considered.

### 2. Course Main Objective

The main purpose of this course is to provide the students with a solid foundation in the basic concepts and scientific underpinnings of child health Nursing, and to provide students with a comprehensive introduction to the fundamentals of child health Nursing.

### 3. Course Objectives

**By the end of this course, students should be able to:**

- Utilize the steps of the Nursing Process as a tool for providing comprehensive nursing care in the promotion of child's health status.
- Describe different nursing approaches to the assessment and providing care for children and their families to promote health, and to
- prevent illness and restore health, within the framework of caring approach, utilizing the nursing process.
- Identify etiologies, risks, signs and symptoms, diagnostic procedures, treatments and diet therapy for children with common disorders.
- Identify nursing diagnoses, goals, nursing interventions based on evidence-based practice, nursing outcomes and evaluation criteria appropriate for children with system disorders.

- Use evidence-based practice; develop appropriate plans of care and teaching plans for children and their families with disease conditions

#### D. Course Content

No	List of Topics
<b>1</b>	<b>Management of newborn</b> a. Adjustment to extra uterine life b. Nursing care for newborns c. The high-risk newborn d. Health problems of newborns e. The high-risk newborn
<b>2</b>	Nutritional needs
<b>3</b>	Management of a child with cardiovascular system disorders
<b>4</b>	Management of a child with respiratory system disorders
<b>5</b>	Management of a child with gastrointestinal system disorders
<b>6</b>	Management of a child with hematological disorders
<b>7</b>	Management of a child with immune system disorders

#### E. Assessment Tools

#	Assessment task	Percentage of Total Assessment Score
<b>1</b>	Quizzes	10%
<b>2</b>	Assignments evaluation	10%
<b>3</b>	Seminar evaluation	10%
<b>4</b>	Clinical Evaluation	10%
<b>5</b>	Mid-Term Written Exam	20%
<b>6</b>	OSPE /OSCE	20%
<b>7</b>	Final Written Exam	20%
	<b>Total</b>	<b>100%</b>

## F. Learning Resources

<b>Essential References</b>	<ol style="list-style-type: none"> <li>1. <a href="https://en.wikipedia.org/wiki/Journal_of_Perinatal_%26_Nenatal_Nursing">https://en.wikipedia.org/wiki/Journal_of_Perinatal_%26_Nenatal_Nursing</a></li> <li>2. <a href="https://en.wikipedia.org/wiki/MCN:_The_American_Journal_of_Maternal/Child_Nursing">https://en.wikipedia.org/wiki/MCN:_The_American_Journal_of_Maternal/Child_Nursing</a></li> <li>3. <a href="https://en.wikipedia.org/wiki/Paediatric_Nursing_(journal)">https://en.wikipedia.org/wiki/Paediatric_Nursing_(journal)</a></li> </ol>
<b>Supportive References</b>	None
<b>Electronic Materials</b>	<ol style="list-style-type: none"> <li>1. <a href="http://guides.library.uncc.edu/NURS_3102">http://guides.library.uncc.edu/NURS_3102</a></li> <li>2. <a href="http://www.lww.com">www.lww.com</a></li> <li>3. <a href="http://www.delmarelearning.com">www.delmarelearning.com</a></li> <li>4. <a href="http://www.pubmed.com">www.pubmed.com</a></li> </ol>
<b>Other Learning Materials</b>	None

