

Course Specification Student Version

Course Title:	Fundamental of Nursing
Course Code:	NURS 201
Department:	Nursing Sciences
Program:	Bachelor of General Nursing (BGN)
College:	Vision College in Riyadh
Institution:	Vision College in Riyadh
Revised:	July 2025

A. Course Identification

1. Credit hours: 5 (3+2+0)
3. Level/year at which this course is offered: (Level 3/ Year 2)
3. Pre-requisites for this course (if any): None
4. Co-requisites for this course (if any): None

B. Teaching Methods

1	Lectures
2	Tutorial
3	Laboratory/Studio

C. Course Description and Objectives

<p>1. Course Description</p> <ul style="list-style-type: none"> • This course develops competencies necessary to meet the needs of individuals throughout their lifespan in a safe, legal, and ethical manner using the nursing process. • Emphasis is placed on wellness, physiological, psychological, social, cultural, and spiritual factors which contribute to the well-being of the individual and family.
<p>2. Main course Objective</p> <p>To provide students with the foundational knowledge, skills, and attitudes necessary for safe, patient-centered nursing care, focusing on basic clinical competencies, communication techniques, critical thinking, and the application of the nursing process in diverse healthcare settings.</p>
<p>3. Course Objectives</p> <p>By the end of this course, students should be able to:</p> <ul style="list-style-type: none"> • Identify concepts of health, illness, and health promotion. • Discuss legal and ethical aspects of nursing. • Utilize the nursing process and critical thinking. • Identify appropriate developmental, psychosocial, and cultural considerations. • Identify basic physiological needs of adult patients. • Discuss common physical and psychosocial care problems. • Utilize effective communication and documentation skills. • Demonstrate basic nursing skills. • Demonstrate a working knowledge of medical terminology.

D. Course Content

No	List of Topics
1.	<ul style="list-style-type: none"> Contemporary Nursing Practice Roles and Functions of the Nurse The Nursing Process
2.	<ul style="list-style-type: none"> Measuring Vital Signs <ol style="list-style-type: none"> Body temperature Blood pressure Respiration Pulse Oxygen saturation
3.	<ul style="list-style-type: none"> Asepsis and Infection Prevention <ol style="list-style-type: none"> Performing Hand Hygiene Donning & Removal of PPE Donning & Removal of Sterile Gloves
4.	<ul style="list-style-type: none"> Skin Integrity and Wound Care <ol style="list-style-type: none"> Dressing Wound Cleaning wound Cleaning A Suture Wound & Apply A Sterile Dressing Irrigating A Wound Bandages
5.	<ul style="list-style-type: none"> Promoting Urinary Elimination <ol style="list-style-type: none"> Applying an External Catheter Performing Urinary Catheterization Indwelling Catheter Specimen Collecting Urine Specimen by Clean Catch
6.	<ul style="list-style-type: none"> Promoting Bowel Elimination <ol style="list-style-type: none"> Inserting A Nasogastric (NG) Tube Administer A Tube Feeding Removing A Nasogastric (NG)Tube Positioning Bedpan Administering Enema
7.	<ul style="list-style-type: none"> Safety <ol style="list-style-type: none"> Changing an Occupied Bed Changing an Unoccupied Bed Body Mechanics Positioning A Client in Bed Moving A Client in Bed Logrolling A Client

	<ul style="list-style-type: none"> f. Transferring A Client g. Assisting A Client to Ambulate • Transferring A Client from Bed to Stretcher
8.	<ul style="list-style-type: none"> • Oxygenation (Oxygen Delivery Systems) • Administering Oxygen by Cannula & Face Mask
9.	<ul style="list-style-type: none"> • Culturally Responsive Nursing Care • Spirituality
10.	<ul style="list-style-type: none"> • Loss, Grieving, and Death • Legal Aspects of Nursing

E. Students Assessment Activities

#	Assessment task	Percentage of Total Assessment Score
1.	Assignment Evaluation	10%
2.	Seminar Evaluation	10%
3.	Written Exam	10%
4.	Mid-Term Exam	20%
5.	OSPE	20%
6.	Final Written Exam	30%
Total		100%

F. Learning Resources

Essential References	<ul style="list-style-type: none"> • Taylor C., Lillis C., and Lemone P. "Fundamentals of Nursing: The Art and Science of Nursing Care" Prentice Hall; 9 Edition, 2017, ISBN-13: 978- 1496362179 / ISBN-10: 1496362179 • Kozier B, Erb G, Blais K. "Fundamental of Nursing: Concepts, Process and Practice" Prentice Hall; 11 Edition. 2022 ISBN-13: 978-0135428733 / ISBN-10: 0135428734
Supportive References	Audrey J. Berman, Shirlee Snyder, Barbara J. Kozier, Glenora Erb "Clinical Handbook for Kozier & Erb's Fundamentals of Nursing" Prentice Hall; 10 Edition 2015, ISBN- 13: 9780133974362
Electronic Materials	<ul style="list-style-type: none"> • http://guides.library.uncc.edu/NURS_3102 • www.lww.com • www.delmarelearning.com • www.pubmed.com
Other Learning Materials	None