

Course Specification Student Version

Course Title:	Human Growth and Development
Course Code:	NURS 320
Department:	Nursing Sciences Department
Program:	Bachelor of Nursing
College:	Vision College in Riyadh
Institution:	Vision College in Riyadh
Revised:	Jan 2025

A. Course Identification

1. Credit hours: 3 (3+0+0)
2. Level/year at which this course is offered: Level 6/Year 3
3. Pre-requisites for this course (if any): None
4. Co-requisites for this course (if any): None

B. Teaching Methods

1	Interactive Lectures
2	Assignment
3	Seminar
4	Presentation

C. Course Description and Objectives

-This course emphasizes human growth and development as a dynamic process that occurs throughout lifespan.
-This course addresses: major theories of development, physical, cognitive, and social/emotional aspects of development, and lifespan of individual and the family.

2. Course Main Objective

The main purpose of this course is to provide the students with the study of human development and describe the various stage and non-stage theories of lifespan development and emphasize the impact of personal experiences, genetics, immediate environment and society: family, school and culture.

3. Course Objectives

At the end of this course, the students will be able to:

1. Explain the interdisciplinary nature of the study of human development
2. List and describe the various stage and non-stage theories of lifespan development.
3. Explain and apply perspectives of major theorists and their impact on life-span development.
4. Describe the continuity of human development, emphasizing the impact of personal experiences, genetics, immediate environment and society: family, school and culture.
5. Describe normal chronological development and variations from normalcy.
6. Evidence a clearer understanding of historical, cultural, interpersonal, and intrapersonal influences shaping personal development.
7. State appropriate behavioral expectations and developmental tasks associated with each major stage of development. Use evidence-based practice; develop appropriate plans of care and teaching plans for children and their families with disease conditions

D. Course Content

No	List of Topics
1	Introduction
2	Developmental theories
3	Biology of development
4	Infancy
5	Childhood
6	Adolescence
7	Adulthood
8	Death and dying

E. Assessment Tools

#	Assessment task	Percentage of Total Assessment Score
1	Quizzes	10%
2	Assignment Evaluation	10%
3	Seminar Evaluation	10%
4	Mid Term Exam	30%
5	Final Exam	40%
	Total	100%

F. Learning Resources

Essential References	Human Development: A Life-Span View 6 Edition Author: Robert V. Kail, John C. Cavanaugh Publisher: Wadsworth Publishing; 6 Edition (January 1, 2012) ISBN-10: 1111834113 / ISBN-13: 978-1111834111.
Supportive References	<ol style="list-style-type: none"> 1. Crandell, Crandell, & Vander Zanden. Human Development. McGraw Hill. 11th Edition, 2015 2. Leifer G. "Introduction to Maternity & Pediatric Nursing" Saunders; 7 Edition (September 2014) ISBN-13: 978-1416032755 3. Hockenberry M, Wilson, D. "Wong's Essentials of Pediatric Nursing" Mosby; 10 Edition (October 10, 2016) ISBN-13: 978-0323063357 4. James S, Ashwill J. "Nursing Care of Children: Principles and Practice" Saunders; 5 Edition ,2015. ISBN-13: 978-1416030843 5. Bates B. "A Guide to physical Examination and History Taking". Lippincott Co; 12 Edition (2016)
Electronic Materials	<ol style="list-style-type: none"> 1. http://www.journals.elsevier.com/early-humandevelopment/ 2. http://www.journals.indexcopernicus.com/Journal+of+Human+Growth+and+Development,p2837,3.html
Other Learning Materials	None