

Course Specification Student Version

Course Title:	Maternal Health Nursing
Course Code:	NURS 322
Department:	Nursing Sciences
Program:	Bachelor of General Nursing
College:	Vision College in Riyadh
Institution:	Vision Colleges
Revised:	July 2025

A. Course Identification

1. Credit hours: 5 (2+0+3)
2. Level/year at which this course is offered: Level 6/Year 3
3. Pre-requisites for this course (if any): None
4. Co-requisites for this course (if any): None

B. Teaching Methods

1	Lectures
2	Practical/ Simulation Session
3	Seminar and Presentation
4	Tutorial
5	Clinical Session

C. Course Description and Objectives

1. Course Description

This course focuses on women health during different cycles of childbearing and childrearing periods.

- Emphasis is placed on the diseases of female reproductive system from puberty through post-menopausal period are considered.
- The application of nursing process in the assessment and management of family during these stages is adopted.
- The practicum emphasizes teaching, training and practicing skills related to the maternal roles during different cycles of childbearing and childbearing stages.
- Gynecological procedures and skills related to gynecology are also emphasized.
- The focus of nursing management is on primary health maintenance and restoration of health by using nursing process.
- The concepts related to childbearing and childrearing families are presented within a framework of critical thinking and caring.
- Emphasis is on patient/family assessment, communication skills, clinical judgment, and decision-making, skills when implementing nursing interventions and evaluating Patient /family care outcomes

2. Course Main Objective

Explain appropriate nursing assessments and interventions to prevent problems and promote healthy adaptation before, during, and after childbirth.

- Examine societal and technological trends that affect the health care of childbearing families.

3. Course Objectives

At the end of this course, the students will be able to:

- Develop a plan of care for the childbearing client and family during the prenatal period utilizing the nursing process.
- Describe physiological, psychological and family changes for each phase of the childbearing period
- Identify relevant nursing assessment data and nursing diagnoses used in planning care of childbearing families.
- Utilize therapeutic verbal and nonverbal communication techniques when working with patients and families experiencing low-risk childbearing / childrearing stages of life.
- Demonstrate knowledge of legal and ethical issues related to care of patients during the childbearing and childrearing years.
- Utilize concepts of cultural awareness, cultural sensitivity and respect for patients when working with diverse populations.
- Utilize identified community resources available to the maternal family. Develop a teaching plan for a member of the maternal family
- Describe the nurse's role in providing care to women with common reproductive health problems.
- Describe historical and cultural variations in childbearing practices and ways in which such variations affect delivery of nursing care to childbearing women
- Collaborate with colleagues demonstrating presentation skills, group dynamics and teamwork competencies.
- Demonstrate lifelong learning skills and update knowledge, clinical and technology skills.
- Demonstrate skills of receiving educational feedback on performance.

D. Course Content

No	List of Topics
1	Introduction to anatomy and physiology of the female reproductive system
2	Menstruation
3	Pregnancy
4	Labor and delivery
5	Post-partum period
6	Gynecological disorders
7	Infertility
8	Contraceptive methods
9	Antenatal care and Nutritional needs
10	Leopold's maneuver and Management of client during pregnancy
11	Management of client during delivery
12	Management of client during post-partum period – fundal massage
13	Management of client with gynecological disorders
14	Fetal Heart monitoring during labor --Management of client using contraceptive methods

E. Assessment Tools

#	Assessment task	Percentage of Total Assessment Score
1	Seminar Evaluation Using Rubrics	10%
2	Assignment Evaluation	10%
3	Quizzes	10%
4	Midterm Exam	20%
5	OSCE/OSPE	20%
6	Final Written Exam	30%
	Total	100%

F. Learning Resources

Essential References	Adele Pillitteri (2014). "Maternal and Child Health Nursing", 7th Edition. Lippincott Williams and Wilkins ISBN-10: 1111834113 / ISBN-13: 978-1111834111
Supportive References	Leifer, G. "Introduction to Maternity & Pediatric Nursing" Saunders; 7th Edition (2015) ISBN-13: 978-1416032755 Olds S. B. "Maternal-Newborn Nursing and Women's Health Care" Prentice Hall Health; 10 Edition (January 3, 2015) ISBN-13: 978-0131627987 Ricci. S. S. "Essentials of Maternity, Newborn, and Women Health Nursing" Lippincott Williams & Wilkins; 4th Edition (October 2016) ISBN-13: 978-0781787222
Electronic Materials	http://guides.library.uncc.edu/NURS_3102 www.lww.com www.delmarelearning.com www.pubmed.com https://en.wikipedia.org/wiki/Journal_of_Obstetric,_Gynecologic,_%26_Neonatal_Nursing https://en.wikipedia.org/wiki/MCN:_The_American_Journal_of_Maternal/Child_Nursing 1. http://allnurses.co
Other Learning Materials	Computer-based programs/CD, professional standards or regulations and software, Internet