

## Course Specification Student Version

<b>Course Title:</b>	Psychiatry
<b>Course Code:</b>	PSY 509
<b>Department:</b>	Medicine
<b>Program:</b>	Bachelor of Medicine and Surgery
<b>College:</b>	Vision College in Riyadh
<b>Institution:</b>	Vision College in Riyadh
<b>Revised:</b>	July 2025

## A. Course Identification

1. Credit hours: 3 (2+0+1)
2. Level/year at which this course is offered: Level 9/Year 5
3. Pre-requisites for this course (if any): COM 408, IMS 408, PHC 408, BCS 408 and MDI 408
4. Co-requisites for this course (if any): None

## B. Teaching Methods

1	Lecture
2	Tutorials
3	Skill lab Sessions

## C. Course Description and Objectives

### 1. Course Description

In this course, the students will learn the basic psychiatric knowledge and the clinical skills that will enable them to function at the level of primary care and emergency psychiatry. It will prepare the students to be safe non-psychiatric doctors who can identify (common, treatable or serious) psychiatric co-morbidities; treat or follow up mild/stable psychiatric disorders; able to refer properly patients to psychiatry services whenever needed and to recruit some medical students to psychiatry subspecialty. This will be accomplished through a variety of educational activities.

### 2. Course Main Objective

The goal of this course is to prepare the students to be safe non-psychiatric doctors who can identify (common, treatable, or serious) psychiatric co-morbidities; treat or follow up mild/stable psychiatric disorders; and be able to refer properly the patients to psychiatry services whenever needed.

### 3. Course Objectives

**By the end of this course, students should be able to:**

- Describe and explain the basic aspects of common clinical psychiatric presentations.
- Explain the facts and concepts relevant to common clinical psychiatric conditions including their epidemiology, etiology, pathophysiology, symptoms and signs, complications, management, and prognosis.
- Diagnose common psychosomatic diseases in a given clinical scenario.
- Perform a complete mental state examination.
- Demonstrate empathy and compassion to patients during clinical training/OSCE.
- Obtain rapport with patients and their families during OSCE.
- Adhere to patient confidentiality and safety while taking history or performing mental state examination.
- Apply moral and ethical principles of medical practice in clinical practice.

## D. Course Content

No.	List of Topics
<b>Lectures</b>	
1	Introduction and Etiology of psychiatric disorders
2	Classification and Diagnosis of psychiatric disorders
3	Psychiatric signs and symptoms (Psychopathology)
4	Neurocognitive disorders I
5	Neurocognitive disorders II
6	Psychosomatic medicine, somatic symptoms and related disorders
7	Schizophrenia spectrum & other psychotic disorders I
8	Schizophrenia spectrum & other psychotic disorders II
9	Bipolar disorders
10	Depressive disorders
11	Anxiety disorders
12	Obsessive compulsive and related disorders
13	Trauma and Stressor-related disorders
14	Substance-related and addictive disorders I
15	Substance-related and addictive disorders II
16	Eating disorders
17	Personality disorders I
18	Personality disorders II
19	Child Psychiatry I
20	Child Psychiatry II
21	Psychiatric emergencies (Suicide, aggression)
22	Psychopharmacology I
23	Psychopharmacology II
24	Psychological treatments
<b>Tutorials/Practical Sessions</b>	
1	How to take psychiatric history
2	How to do mental state examination
3	How to interview a patient with cognitive impairment
4	How to interview a patient with psychosis
5	How to interview a patient with depression
6	How to interview a patient with mania
7	How to interview a patient with anxiety
8	How to interview a patient with obsessive compulsive disorder
9	How to interview a patient with suicidality
10	How to interview a patient with aggression
11	How to build rapport (therapeutic relationship) with patient
<b>Video cases:</b>	
	Psychiatric symptoms and signs/ emergencies

	Electroconvulsive therapy
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#### E. Assessment Tools

#	Assessment task	Percentage of Total Assessment Score
1	Midterm Exam (MCQs)	30%
2	Case-based report (CBR)	10%
3	Final Written Exam (MCQs & short answer questions)	30%
4	Final OSCE	30%
	Total	100%

#### F. Learning Resources

<b>Essential References</b>	First Aid for the Psychiatry Clerkship, Ganti Latha, 5th Ed (2018), ISBN-10: 1260143392.
<b>Supportive References</b>	Basic Psychiatry, Prof. Mohammed Alsughayir, 2nd Ed (2011), ISBN-13: 9786035508667.
<b>Electronic Materials</b>	<ol style="list-style-type: none"> <li>1. LMS resources</li> <li>2. Al-Sughayir Psychiatry Teaching: <a href="https://www.youtube.com/channel/UCi6_Wr8Et9FXCV6UHii4U7A">https://www.youtube.com/channel/UCi6_Wr8Et9FXCV6UHii4U7A</a></li> <li>3. Psychiatry teacher: <a href="https://www.youtube.com/user/psychiatryteacher">https://www.youtube.com/user/psychiatryteacher</a></li> <li>4. Psychiatric Interviews for Teaching: <a href="https://www.youtube.com/results?search_query=Psychiatric+Interviews+for+Teaching%3A+">https://www.youtube.com/results?search_query=Psychiatric+Interviews+for+Teaching%3A+</a></li> </ol>
<b>Other Learning Materials</b>	None