Course Specification
Student Version

Course Title:	Primary Health Care
Course Code:	PHC 408
Department:	Basic Medical Sciences
Program:	Bachelor of Medicine and Surgery
College:	Vision College in Riyadh
Institution:	Vision College in Riyadh
Revised:	July 2025

A. Course Identification

1. Credit hours: 4 (3+0+1)
2. Level/year at which this course is offered: Level 8/Year 4
3. Pre-requisites for this course (if any): CVS 305, HPS 305, RES 305, ENS 306, GIS 306, MSS 306, NSC 407, FMT 407, UGS 407
4. Co-requisites for this course (if any): None

B. Teaching Methods

1	Lecture
2	Seminar

C. Course Description and Main objective

1. Course Description

This course introduces students to the healthcare system, emphasizing the elements of primary healthcare. The course examines the physician's role and function in delivering primary health care to adults and families from diverse backgrounds.

2. Course Main Objective

To prepare a community-oriented physician capable of anticipating and responding to community health needs within the primary health care (PHC) setting according to guidelines of the Ministry of Health (MOH).

3. Course Objectives

By the end of this course, students should be able to:

- Discuss the role and impact of nutrition in health and disease.
- Describe national healthcare systems including their organization, policies, and procedures.
- Identify roles and services that are provided by societies and agencies and cooperate with them, where applicable
- Explain the basic principles of preventing and controlling communicable and non-communicable diseases in hospitals and the community
- Explain the impact of chronic diseases and disabilities on individuals, their families and society.
- Communicate medical information appropriately, using verbal and writing skills (e.g. patient records, referrals, medical reports).
- Identify the role of international health organizations (including guidelines on pandemic management with particular attention to Hajj and Umrah.
- Apply health Information System to enhance the healthcare system
- Demonstrate time management skills in submitting assignments and allotted tasks on time.

- Assess the essential principles of infection prevention and control in health care Settings.
- Recognize and stress the rationale and importance of teamwork.
- Adhere to leadership and management skills.

D. Course Content

No	List of Topics
1	Principles and Structural of Health Care System
2	Environment and Health
3	Health Promotion and Health Education
4	Health Planning and Management
5	Medicine and Social Sciences
6	Maternal and Child Health
7	Nutrition and Health
8	Principles and Structural of Health Care System
9	Environment and Health
10	Health Promotion and Health Education
11	Principles and Structural of Health Care System

E. Assessment Tools

#	Assessment task	Percentage of Total Assessment Score
1	Seminar Evaluation Using Rubrics	10%
2	Quizzes	10%
3	Midterm Exam	20%
4	Final Practical	20%
5	Final Written Exam	40%
	Total	**100%**

F. Learning Resources

Essential References	Park's Textbook of Preventive and Social Medicine [25 ed.]
Supportive References	
Electronic Materials	LMS resources 1. CDC (Centers for Disease Control and Prevention): www.CDC.gov 1. WHO (World Health Organization): www.WHO.int
Other Learning Materials	None