Course Specification
Student Version

Course Title:	Adult Health Nursing II
Course Code:	NURS 310
Department:	Nursing Sciences
Program:	Bachelor of General Nursing (BGN)
College:	Vision College in Riyadh
Institution:	Vision College in Riyadh
Revised:	July 2025

A. Course Identification

1. Credit hours: 6 (3+0+3)
3. Level/year at which this course is offered: (5th level\ 3rd Year)
3. Pre-requisites for this course (if any): NURS 212
4. Co-requisites for this course (if any): None

B. Teaching Methods

1	Lecture
2	Tutorial
3	Others (specify) Hospital

C. Course Description and Objectives

1. Course Description

This course focuses on the care of adult patients with specific and complex problems. Nursing process as a means of maintaining physiological, psychological and socio-cultural integrity is applied.

Problem solving and critical thinking skills are applied to analyze data to identify nursing and collaborative problems.

2. Course Main Objective

To equip students with essential skills and clinical judgment to care for adults with complex health needs, using a holistic and evidence-based nursing approach.

3. Course Objectives

By the end of this course, students should be able to:

- Describe the steps of the Nursing Process to plan nursing care that will support the individual/family/community in the promotion of health status.
- Identify etiologies, risks, signs and symptoms, diagnostic procedures, treatments and diet therapy for patients with common medical and surgical disorders.
- Identify nursing diagnoses, goals, nursing interventions based on evidence-based practice, nursing outcomes and evaluation criteria appropriate for clients with system disorders.
- Utilizing evidence-based practice, develop appropriate plans of care and client/family teaching plans
- Utilize techniques to promote health management and maintenance and prevention of illnesses related to the neurological, musculoskeletal, integumentary, hematological, hepatic, oncologic, ophthalmic, ENT disorders clients with disease conditions.
- Utilize the holistic approach in caring for the individual.

Determine ability to care for individuals with conditions that may affect the neurological, musculoskeletal, integumentary, hematological, Gastrointestinal, hepatic, oncologic, ophthalmic, ENT systems and organs.

•Utilize the nursing process with emphasis on assessment and client education related to the neurological, musculoskeletal, integumentary, hematological, hepatic, oncologic, ophthalmic, ENT disorders
•Demonstrate an understanding and ability to perform treatments.
•Administer prescribed medications and diet.
•Use standard precautions as they are related to the neurological, musculoskeletal, integumentary, hematological, hepatic, oncologic, ophthalmic, ENT disorders.
•Demonstrate the ability to work positively and effectively in a group or team-based project with an emphasis on professionalism and communication skills.

D. Course Content

No	List of Topics
1.	Gastrointestinal system disorder
2.	Management of patients with disorders of Gastrointestinal system
3.	Hepatic disorders
4.	Management of patients with disorders of hepatic
5.	Neurological system disorders
6.	Management of patients with neurological disorders
7.	Musculoskeletal system disorders
8.	Management of patients with disorders of musculoskeletal system
9.	Integumentary system disorders
10.	Management of patients with disorders of integumentary system
11.	Hematological disorders
12.	Management of patients with disorders of hematological
13.	Oncologic disorders
14.	Management of patients with disorders of oncologic
15.	Ophthalmic disorders & ENT disorders

E. Students Assessment Activities

#	Assessment task	Percentage of Total Assessment Score
1.	Quizzes	10%
2.	Seminar Evaluation	10%
3.	Assignments Evaluation	10%
4.	Clinical Evaluation	10%
5.	Midterm Exam	20%
6.	OSCE/OSPE	20%
7.	Final Exam	20%
	Total	**100%**

F. Learning Resources

Essential References	1. Hinkle, J. L., & Cheever, K. H. (2021). *Brunner & Suddarth's textbook of medical-surgical nursing* (15th ed.). Wolters Kluwer. 2. Harding, M. M., Kwong, J., Roberts, D., Hagler, D., & Reinisch, C. (2024). *Lewis's medical-surgical nursing: Assessment and management of clinical problems* (11th ed.). Elsevier.
Supportive References	1. Donnelly-Moreno, L. A., & Shiner, N. H. (2020). *Timby's introductory medical-surgical nursing* (13th ed.). Wolters Kluwer.
Electronic Materials	1. https://guides.library.uncc.edu/NURS_3102 2. Nurseslabs.com - For All Your Nursing Needs 3. http://allnurses.com
Other Learning Materials	4. Computer-based programs/CD, professional standards or regulations and software, Internet.